



Crompton
Primary School

Crompton Primary School

RHE / PSHCEE

INTENT

- RHE/PSHCEE will support the development of the skills, attitudes, values and behaviour, which enable pupils to:
- Have a sense of purpose
- Value self and others
- Form relationships
- Make and act on informed decisions
- Communicate effectively
- Work with others
- Respond to challenge
- Be an active partner in their own learning
- Be active citizens within the local community
- Explore issues related to living in a democratic society
- Become healthy and fulfilled individuals



IMPLEMENTATION

- At Crompton Primary School we use our own enriched curriculum to deliver our Personal, Social, Relationship and Health Education and supplement this with the MyHappyMind programme which is a commercially produced scheme that completely fulfils the statutory guidance (2020), in addition to covering aspects that are not mandatory.

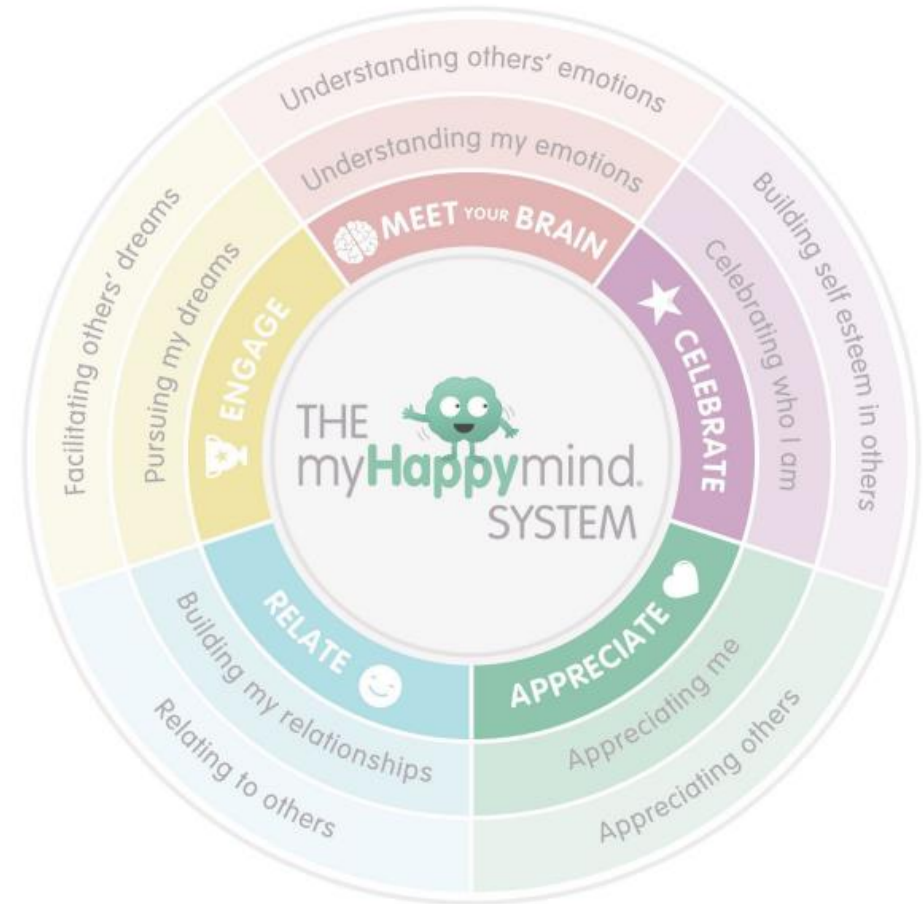


The myHappymind Program

The myHappymind curriculum is grounded in scientific research and helps children to:

- ✓ Feel happier
- ✓ Know what to do when they feel worried or stressed
- ✓ Improve their focus and learn more
- ✓ Achieve more of the goals that they set for themselves
- ✓ Develop better relationships with friends and families
- ✓ Feel great about who they are and have positive self esteem

And much, much more!



IMPACT

- RHE/PSHCEE will be a whole-school approach, engaging pupils across the curriculum while creating an environment, through the school ethos, which fosters good relationships and well-being for pupils and teachers alike.
- lessons will be interactive, participative and engaging; pupils' voice will be sought,
- Content and delivery will be inclusive of difference, including other cultures, ethnicity, disability, faith, age, sexual orientation and gender identity.
- Our children developing skills for life.



Crompton Primary

Relationships Health Education Annual Curriculum Map

RHE Map - Autumn Term - Relationships

Term	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Meet your <u>brain</u> Family and People Who Care for Us Being Safe	Meet your <u>brain</u> Family and People Who Care for Us Being Safe	Meet your <u>brain</u> Family and People Who Care for Us Being Safe	Meet your <u>brain</u> Family and People Who Care for Us Being Safe	Meet your <u>brain</u> Family and People Who Care for Us Being Safe	Meet your <u>brain</u> Family and People Who Care for Us Being Safe	Meet your <u>brain</u> Family and People Who Care for Us Being Safe	Meet your <u>brain</u> Family and People Who Care for Us Being Safe
Autumn 2	Celebrate Respectful Relationships	Celebrate Respectful Relationships	Celebrate Caring Friendships Respectful Relationships	Celebrate Caring Friendships Respectful Relationships	Celebrate Caring Friendships Respectful Relationships	Celebrate Caring Friendships Respectful Relationships	Celebrate Caring Friendships Respectful Relationships	Celebrate Caring Friendships Respectful Relationships

RHE Map - Spring Term Health & Personal Safety

Spring 1	Appreciate Internet Safety and Harms	Appreciate Internet Safety and Harms	Appreciate Internet Safety and Harms	Appreciate Internet Safety and Harms	Appreciate Internet Safety and Harms	Appreciate Internet Safety and Harms	Appreciate Internet Safety and Harms	Appreciate Internet Safety and Harms
Spring 2	Relate Physical Health and Fitness Healthy Eating	Relate Physical Health and Fitness Healthy Eating	Relate Physical Health and Fitness Healthy Eating	Relate Physical Health and Fitness Healthy Eating	Relate Physical Health and Fitness Healthy Eating	Relate Physical Health and Fitness Healthy Eating	Relate Physical Health and Fitness Healthy Eating	Relate Physical Health and Fitness Healthy Eating

RHE Map - Summer Term - Health & Well-being

Summer 1	Engage Health and Prevention	Engage Health and Prevention	Engage Basic First Aid Health and Prevention	Engage Basic First Aid Health and Prevention	Engage Basic First Aid Health and Prevention	Engage Basic First Aid Health and Prevention	Engage Basic First Aid Health and Prevention	Engage Basic First Aid Health and Prevention
Summer 2	Reflect Caring Relationships	Reflect Caring Relationships	Mental Well Being	Mental Well Being	Mental Well Being	Mental Well Being	Mental Well Being Drugs alcohol and tobacco Changing Adolescent Body	Mental Well Being Drugs alcohol and tobacco Changing Adolescent Body

TEAM



SAMANTHA KERSHAW

Samantha is our RHE/PSHCEE Lead. She has many years experience leading in this area and would be happy to take questions or queries relating to RHE/PSHCEE.

